

# Mid-Cities Interlock 10u Kid Pitch Rules

## **SECTION 14 – 10U RULES (for complete set of rules visit the IFA/VTD rulebook online)**

### **14.1 - 10U Field Recommendations:**

Field recommendations for 10U should be:

- a) Base distances should be 60’.
- b) Pitching distance should be 35’.
- c) Outfield fence distances should be minimum of 150’ and a maximum of 225’.

### **14.2 Equipment and Uniforms**

Ball should be:

- a) Yellow optic cover, 11-inch ball

### **14.3 Batting**

Dropped Third Strike Rule will be:

(RULE OMITTED FOR INTERLOCKING REC SEASON - NO DROP THIRD PLAYED!)

### **14.4 Infield Fly Rule**

The traditional infield fly rule will be used in all 10U play in IFA / VTD.

(See Section 10.17 on Infield Fly Rule)

### **14.5 Base Running**

Base running has additional limits or liabilities from the standard rules as specified in the IFA / VTD rulebook.

## **ADDITIONAL RULES FOR INTERLOCKING REC SEASON:**

**GAMES ARE 75 MINS**

**5 RUN LIMIT PER HALF INNING**

**GIRL PITCH ONLY-THERE WILL BE NO COACH PITCH**